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WAR FOOD ADMINISTRATION
Office of Marketing Services
Nutrition Programs Branch
Washington 25, D.C.

January 1945

I. LIST OF REFERENCES ON EDIBLE WILD PLANTS

Reserve

The following publications are available without charge from the Office of Information, United States Department of Agriculture, Washington 25, D.C.
Order by title and number.

1. Food Plants of the North American Indians, Miscellaneous Publication No.237.
2. The Native Persimmon, Farmers' Bulletin No.685.
3. The Native Papaw, Leaflet No.179.
4. Chinese Cabbage Varieties, Their Classification, Description and Culture in the Central Great Plains, Circular No.571.
5. The Dasheen, A Southern Root Crop for Store and Market, Farmers' Bulletin No.1396.
6. Soybeans, Culture and Varieties, Farmers' Bulletin No.1520.
7. Soybeans and Soybean Products as Food, Miscellaneous Publication No.534.
8. Soybean Utilization, Farmers' Bulletin No.1617.
9. Cooking with Soya Flour and Grits, AWI-73.
10. Orach, Its Culture and Use as a Green Crop in the Great Plains Region, Circular No.526.

The publications listed below may be ordered from the Superintendent of Documents, Government Printing Office, Washington 25,D.C., at the prices indicated. (Send money order, check or coin, not stamps.)

1. Edible and Poisonous Plants of the Carribean Region. 1942. 20¢.
 2. Emergency Food Plants and Poisonous Plants of the Islands of the Pacific, T M 10-420. 1943. 15¢.
 3. Avacado Production in the United States, Circular No. 620. 10¢.
- Check your school and public library for the publications listed below, or order from the sources indicated:

1. Wealth from Weeds, Frank Thone, Science News Letter No.40. 1941. Science Service 1719 N Street, N.W., Washington 6, D.C.
2. Reconnaissance Report on Concentrated Rations of Primitive People, Earl P. Hanson, O.Q.M.G., War Department, Washington D.C., 1942. Free.
3. Unusual Foods of High Nutritive Value, Russell M. Wilder and Thomas E. Keys, American Medical Assosiation, Chicago, Ill. 1943.

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II. LIST OF REFERENCES ON NUTRITION EXPERIMENTS WITH RATS

Some of the publications listed below may be available in your local library; if not communicate with the Book Department, Science Service, 1719 N. St., N.W., Washington 6, D.C.

1. The White Rat as a Contributor to Science, Human Nutrition, Part 1, Agricultural Yearbook, 1939. 40¢. Superintendent of Documents, Government Printing Office, Washington 25, D.C.
2. Rose's Foundations of Nutrition, Revised by Grace MacLeod and Clara Mae Taylor, Macmillan Co., New York. 1944.
3. Teaching Nutrition to Boys and Girls, M.S. Rose, Macmillan Co., New York 1932
4. Vitamins and Minerals for Everyone, Alida Frances Pattee and Dr. Hazel Munsell, Technical Adviser, G.P. Putnam's Sons, New York. 1943.
5. Nutrition Experiments for Classroom Teaching: A Handbook for Teachers, E.W. Todhunter, State College of Washington, Pullman, Wash. 1940.
6. Illustrative Teaching Units for Elementary Grades, Minnesota Elementary Demonstration School (No. 3), University of Minnesota Press, Minneapolis, Minn.
7. The Red Cross Nutrition Course in Secondary Schools, Teachers Manual (ARC 1418), American National Red Cross, Washington, 13, D.C. Free. (Available through Red Cross Nutrition Chairmen or Junior Red Cross Chairmen to schools that desire the Red Cross Nutrition Course.)

CHARTS -

Charts listed below may be ordered from the sources indicated at the prices stated:

1. Nutrition Charts, Superintendent of Documents, Government Printing Office, Washington 25, D.C. 50¢ for set of 10.
2. Milk Makes a Difference, National Dairy Council, Chicago, Ill. 35¢.

FILM STRIPS -

The following film strips may be purchased through the Extension Service, United States Department of Agriculture, Washington 25, D.C. at the prices indicated.

1. All Children Must Eat, No. 609, 63 single frames for 55¢.
2. Food is Strength, No. 603, 50 single frames for 50¢.

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MOTION PICTURES -

Order movies as indicated, or through the Motion Picture Service, United States Department of Agriculture, Washington, 25, D.C.

FOOD. 1 reel, 16mm, silent. DeVry Corporation, 1111 Armitage Avenue, Chicago, Ill. Distributed also by Ideal Pictures Corporation, 28 East 8th Street, Chicago; Visual Education Service, 131 Clarendon Street, Boston, Mass.; Wholesale Film Service, Inc., 48 Melrose Street, Boston. Proper food habits for school children. The digestive system.

FOOD AND GROWTH. 1 reel, 16mm, silent. Eastman Kodak Co., Teaching Films Division, 343 State Street, Rochester, N.Y. A feeding experiment with white rats, actually carried on in a classroom, demonstrates the food value of milk as compared with coffee and candy. The system of feeding, cleaning cages, and charting of growth records are given in detail.

FOOD SERIES - VITAMIN D. 1 reel, 16mm, silent. Eastman Kodak Company, Teaching Films Division, Rochester, N.Y. Natural and artificial sources of vitamin D - the antirachitic vitamin. Results of vitamin D deficiency - rickets and poor teeth. Series of feeding experiments with laboratory animals showing results of deficiency and feeding of cod-liver oil. Various methods used to increase vitamin D in the body - use of concentrates, exposure to sunlight or sunlamps, well balanced diet improved living conditions.

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III. REFERENCE LIST ON FOODS AMERICA GAVE THE WORLD

The following articles on foods America gave the world are from the publication called "Agriculture in the Americas", which is available at 10¢ a copy from the Superintendent of Documents, Government Printing Office, Washington, D.C. Make your own selection and order by date, sending money order, check or cash.

<u>Title of article and page</u>	<u>Name of publication</u>	<u>Date of issue</u>
America Ambrosia, p.1.	Agriculture in the Americas	July. 1941
Foods the Americas Buy and Sell, p.4	ditto	Aug. 1941
Plants America Gave the World, p.1	ditto	Sept. 1941
The Coffee Hemisphere, p.1	ditto	Oct. 1941
The Story of Vanilla, p.32	ditto	Feb. 1942
The Prodigious Brazil Nut, p.72	ditto	April 1942
Chocolate Grows on Trees, p.143	ditto	Aug. 1942
Tapioca From A Brazilian Root, p.93	ditto	May 1943
The Potato, p.99	ditto	May 1943
"Divine Plant" of the Incas, p.114	ditto	June 1943
Chewing Gum, p.119	ditto	June 1943
Maize, p.139	ditto	July 1943
The Peanut, p.199	ditto	Oct. 1943
The Tomato, p.239	ditto	Dec. 1943
The Bean, p.228	ditto	Dec. 1943
The Pineapple, p.39	ditto	Feb. 1944
The Cashew, p.79	ditto	April 1944
The Guava, p.99	ditto	May 1944
Sapochilla, p.198	ditto	Oct. 1944
The Turkey, p.219	ditto	Nov. 1944

Check your library and other local sources for the references listed below. If not available, order as indicated or write the Book Department, Science Service, 1719 N Street, Northwest, Washington, 6, D.C.

1. Foods Discovered with America, Scientific Monthly, August, 1925.
2. Thank the American Indian, Scientific American, pp.330 - 332, April 1928.
3. American Aborigines Great Farmers, Literary Digest, April 18, 1936.
4. The Origin and Early Distribution of New World Cultivated Plants, Agricultural History, Donald D.Brand, pp.112 - 117, April 1939.
5. Foods America Gave the World, Alpheus Hyatt Verrill, L.C.Page and Company, Boston, Mass. 1938. 289 pp. Illustrated.
6. America's Gift to the Old World: A pagent designed to emphasize the fact that the new world gave the old many new fruits, vegetables, grains, etc. Helen Atwater and C.F.Langworthy, American Home Economics Association, Richards Memorial Fund, 1915.

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IV. LIST OF REFERENCES ON THE FOOD OF THE AMERICAN INDIAN

The following are available without cost from the source indicated:

1. American Indians' Contribution to Civilization. Everett E. Edwards, (Mimeographed), available from Bureau of Agricultural Economics, U.S. Department of Agriculture, Washington 25, D. C.
2. Food Plants of the North American Indians, Miscellaneous Publication Number 237, Office of Information, U. S. Department of Agriculture, Washington, 25, D.C.

Check your library and other local sources for the references listed below. If not available, write the Book Department, Science Service, 1719 N. Street, N. W., Washington, 6, D.C.

1. Indian Foods That We Eat Today, School Arts Magazine, October 1935.
2. Redskins Applied Chemistry in Crop Raising, Popular Mechanics Magazine, March 1934.
3. An All American Thanksgiving Dinner, World Review, November 22, 1926.
4. The Food of Certain American Indians and Their Methods of Preparing It, Processed, American Antiquarian Society, 1895.
5. Farming Through the Ages: The First Farmers of America, Prairie Farmer, January 19, 1929.
6. Aboriginal Agriculture - The American Indians in Cyclopedi~~a~~a of American Agriculture, Edited by L. H. Bailey, Macmillan Company, New York City, 1909.
7. First American's Foods and Cookery: Interesting Data Gleaned From Ancient Chronicles, Ohio Farmer, July 27, 1929.
8. Conservation Among Primitive Hunting Peoples, Scientific Monthly, December 1936.
9. Native American Food, Gregory Mason, National History, April 1936.
10. Fishing with Early Minnesota Indians, Minnesota Conservation, Number 68, May 1939.

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V. REFERENCE LIST ON CONSERVATION AND AGRONOMY

If the publication listed below is not available in your library, order through the Book Department, Sciences Service, 1719 N. Street, N.W., Washington, 6, D.C.

1. This Land We Defend. H.H. Bennett and W.C. Pryor, Longmans, Green and Company, New York, 1942.

The following are available free from the Office of Information, United States Department of Agriculture, Washington, 25, D.C. Make your own selection and order by title and number.

1. Cover Crops for Soil Conservation, Farmers' Bulletin No. 1758.
2. Pastures to Hold and Enrich the Soil, Farmers' Bulletin No. 1900.
3. Soil-Depleting, Soil-Conserving, and Soil-Building Crops, Leaflet No. 165.
4. Fish for Food from Farm Ponds, Farmers' Bulletin No. 1938.
5. Conservation Practices for the Range Lands of the Southern Great Plains.
6. Conservation Farming for the Sandy Lands of the Southern Great Plains.
7. Towards Soil Security on the Northern Great Plains. Farmers' Bulletin No. 1864.
8. Erosion Control in the Northeast. Un-numbered.
9. The Cotton and Tobacco South. Miscellaneous Publication No. 474.
10. Snow Surveying. Miscellaneous Publication No. 380.
11. A Study of Rapid Deterioration of Vegetable Seeds and Method of Prevention. T 708.
12. Vegetable Seed Treatment. Farmers' Bulletin No. 1862.
13. Fertilizer Materials. 163Y (1938)
14. Selecting Fertilizers. Circular No. 487.
15. Summer Crops for Green Manure and Soil Improvement. Farmers' Bulletin No. 1750.

Conservation and Agronomy (continued)

16. Early American Soil Conservation. Miscellaneous Publication No. 449.
17. Help the Land - Help the War. Un-numbered.
18. Woodlands in the Farm Plan. Farmers' Bulletin No. 1940.
19. Soil Defense in the Pacific Southwest. Farmers' Bulletin No. 1848.
20. Soil Defense in the Northeast. Farmers' Bulletin No. 1810.
21. Soil Defense in the South. Farmers' Bulletin No. 1809.
22. Improving Range Conditions for Wartime Livestock Production. Farmers' Bulletin No. 1921.
23. Good Pastures. Farmers' Bulletin No. 1942.
24. More Food Through Conservation Farming. Farmers' Bulletin No. 1909.
25. Practical Irrigation. Farmers' Bulletin No. 1922.

The following publications may be ordered from the Superintendent of Documents, Government Printing Office, Washington, 25, D.C. at prices indicated. (Stamps are not acceptable as payment; send money order, check or cash.)

1. Little Waters - Their Use and Relation to Land. 50¢.
2. Ponds for Wildlife. Farmers' Bulletin No. 1879. 10¢.
3. Soil and Water Conservation in the Pacific Northwest. Farmers' Bulletin No. 1773. 10¢.

CONSERVATION CHARTS:

The following charts are free. Make your own selection and order directly from the Soil Conservation Service, United States Department of Agriculture, Washington, D.C.

1. Story of Three Corn Fields and the Soil They Lost Per Acre Each Year. 36 x 36 inches.
2. Contour Furrows. 16½ x 24 inches.
3. Winter Cover Saves Soil. 16½ x 22 inches.
4. Soil Erosion Destroyed This Community. 18 x 22 inches.
5. Grazed Woodland Loses Soil and Water - Produces Less Timber, Yields Little Forage. 19 x 24 inches.
6. How Badly Has Erosion Damaged Your Farm? 19 x 24 inches.
7. The Tree and the Soil. 16 x 21 inches.

MOVIES:

The motion pictures listed here are available as loans from the Motion Picture Services, United States Department of Agriculture, Washington, D.C.

A HERITAGE WE GUARD. Length: 3 reels, sound. Traces the early exploitation of wildlife for hides and skins, gradual westward movement of trappers and settlers, and thoughtless exploitation of the land for ever-increasing crops which finally resulted in denudation, soil erosion, and disastrous dust storms. Shows the interrelation of wildlife and soil conservation, and steps taken to restore and conserve our natural resources. Unusually beautiful photography of bird and animal life.

WARTIME FARMING IN THE CORNBELT. Length: 1 reel, sound. Traces the growth and importance of the cornbelt region and points out how during and after World War 1, cornbelt products were shipped throughout the world and played an important part in rebuilding the starved countries. In these years, erosion increased at an alarming rate, causing a decline

Conservation and Agronomy (continued)

in crop yields and land values at a time when the nation was entering its worst depression. Soil conservation practices put into operation on the farms in this area result, now, in soil better able to provide the enormous quantities of food and fiber needed.

FOR YEARS TO COME, 2 reels, 16mm., Kodachrome; sound; released 1944. Depicts the work of a farmer and his family during a whole year, - a year in which they changed over from the old, straight-row method to modern conservation farming methods. The picture shows that this change-over is not difficult; that only a minimum of technical assistance is required; and that results in increased crop production are obtained at the end of the first year. It also shows how farm contourlines are laid out and how contour plowing is done. The film contains a variety of scenes of farm animals and the usual farm activities such as making butter, picking cherries and peaches, and harvesting the major crops. The film opens with pictures of the autumn harvest season, contains a snow sequence, and a blossom-time and spring sequence, all contributing to make it a beautiful, entertaining and instructive film.

FOOD AND SOIL, 1 reel, 16mm., sound; in Kodachrome; released 1944. Presents in an entertaining and appetizing way the often overlooked but important fact that all the food we eat, with the possible exception of seafood, comes directly or indirectly from productive soil-and nowhere else. An excellent introduction for those who want to get, easily and quickly, the highlights of soil conservation in the United States.

GRASSLAND, 1 reel, 16mm., and 35 mm., sound; released 1938; revised and released 1944. Deals with that vast area comprising our western range country. This range, once capable of supporting 22,000,000 animal units can now carry only half that number. Over-stocking results in over-grazing. When the land is stripped of vegetation, erosion begins. How to prevent over-grazing, and restore areas of desolation to productivity is the problem covered by this film. Interesting photography of sheep and cattle on the range.

MUDDY WATERS, 1 reel, 16mm., and 35mm., sound; released 1937; revised and released 1944. The story of land use and abuse in the Southwest. When occupied by Indians the soil was securely anchored by vegetation. Forested mountains supplied crystal clear water to irrigate crops. The white man transformed the area into a vast farming and stock-raising region. Over-grazing depleted the vegetation, leaving the land barren and subject to floods and erosion. Emphasizes the need for soil conservation.

RAIN ON THE PLAINS, 1 reel, 16mm and 35mm., sound; released 1938; revised and released 1944. Shows the causes and effects of wind erosion and dust storms on the southern Great Plains, the steps taken to reclaim ruined land. To conserve the rainfall the Soil Conservation Service recommends certain farm practices, including contour tillage, terracing, strip cropping with alternate strips of wind-resistant crops, sodding, planting of wind-breaks, and the construction of dams, all of which are demonstrated in this film.

Conservation and Agronomy (continued)

WETLANDS, 1 reel, 16mm. and 35mm., sound; black and white; released 1944. Shows where our 120 million acres of wetland are located. Points out that seventy-eight million of these acres will serve us best if left in their natural state for the production of timber and the preservation of wildlife. Thirty-one million acres are shown to be suited to farming if properly drained. A section of the film illustrates briefly the principal types of water control and methods of land drainage. Through the use of these methods, farmers, working together, can improve drainage on land now being farmed and bring into production land that is now too wet for any production at all.

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VI. REFERENCE LIST ON HISTORY OF BREAD AND ITS ENRICHMENT

The following publications are available without cost from the Office of Marketing Services, War Food Administration, Washington, 25, D.C.

1. Bread Facts for Consumers, Consumer's Guide, December 16, 1940.
2. Facts About Enriching Flour and Bread, Consumer's Guide, February 15, 1941

Check your library for the following publications. If not available locally, write the Book Department, Science Service, 1719 N. Street, N.W., Washington, 6, D. C.

1. Indian Bread or Taekahoe, Monthly Botanical Gardening Bulletin, Illustrated, June 1921.
2. The Armor of Robust Health, R. M. Wilder and W. H. Sebrell (available in some libraries).
3. Six Thousand Years of Bread, Henrich E. Jacob, Doubleday Doran Co., New York, 1944.
4. Bread of Our Forefathers, Sir William Ashley, Clarendon Press, Oxford, 1928.
5. The Bakers and Baking in Massachusetts, History of Baking from 1620 to 1909, Arthur Brayley, Master Bakers Association of Massachusetts, Boston, Mass.
6. The Facts About Enrichment of Flour and Bread. Prepared by The Committee on Cereals, Food and Nutrition Board, National Research Council, 2101 Constitution Avenue, Washington, 25, D. C.
7. Facts About Enriched Bread and Rolls, Gertrude Austin. Distributed by Consumer Service Department, The American Institute of Baking, 1135 West Fullerton Avenue, Chicago, 4, Illinois.

MOTION PICTURES:

These movies may be obtained from the sources indicated, or through the Motion Picture Service, U. S. Department of Agriculture, Washington, 25, D.C.

GIVE US THIS DAY. (The Story of Bread) 2 reels, 16 mm., sound; produced by Jam Handy Picture Service, Detroit, Michigan, for Anheuser-Busch, Inc., St. Louis, Missouri. Distributed by the American Institute of Baking, 10 Rockefeller Plaza, New York, New York.

MORE POWER TO YOU. 3 reels, 16 mm., Kodachrome; sound; released 1943; distributed by YMCA offices. The story of bread - (major emphasis on nutrition) presented in a unique, highly interesting manner.

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VII. REFERENCE LIST ON IMPORTANCE OF THE DISCOVERY OF VITAMINS

The following are available without cost from the Office of Information, U. S. Department of Agriculture, Washington, 25, D. C.

1. Principles of Nutrition and Nutritive Value of Food. M. P. Number 546.
2. Vitamins From Farm to You. (AWI - 2)
3. Food for Growth. (AWI - 1)

Order from the Superintendent of Documents, Government Printing Office, Washington, 25, D. C., at the price indicated:

1. Vitamin Needs of Man. Human Nutrition, Part 1, Agricultural Yearbook, 1939. 40¢.

Check your local library for the publications listed below. If not available, order through the Book Department, Sciences Services, 1719 N Street, N. W., Washington, D. C.

1. Vitamins, What They Are and How They Can Benefit You. Henry Borsook, Viking Press, 1941.
2. Life Begins With Vitamins. William Lawrence, Ladies' Home Journal, July 1941.
3. Dynamos From the Good Earth. Katherine Glover, Junior Red Cross Journal, October 1941.
4. Eaters Digest, Asa C. Chandler, Farrar and Rhinehart, 1941.
5. Vitamins and Minerals for Everyone, Alida Frances Pattee, Dr. Hazel Munsell, Technical Adviser. G. P. Putnam's and Sons, New York, 1943.

MOTION PICTURES:

Order movies from the sources indicated below, or through the Motion Picture Service, U. S. Department of Agriculture, Washington 25, D.C.

ABC of FOODS. 1 reel, 16mm., silent. This shows the basic facts of nutrition and their relation to health. For use with adults or high school groups. Extension Division, Department of Visual Instruction, University of Iowa, Iowa City, Iowa.

AMERICA LEARNS TO FLY. 1 reel, 16mm., sound. An interesting and fast moving portrayal of commercial, private, and military aviation, emphasizing the nutritional importance of dairy products in maintaining sound bodies for this highly specialized activity. Produced by Burton Holmes Films, Inc., 7510 North Ashland Avenue, Chicago, Illinois, for the National Dairy Council, 111 N. Canal Street, Chicago, Illinois. Free distribution from YMCA Motion Picture Bureau, 347 Madison Avenue, New York City.

VII. Vitamins (continued)

FOOD SERIES, -VITAMIN B 1. 1 reel; 16mm., silent. The natural sources of vitamin B1 - the antineurotic vitamin. The effect of deficiency of vitamin B1 on pigeons and young rats. The effect of extreme Vitamin B Deficiency on human beings --beriberi. Effect of the balanced diet on the disease, and the need for a balanced diet to maintain healthy bodies. Eastman Kodak Company, Teaching Films Division, Rochester, New York.

THE MODEST MIRACLE. 2 reels, 16mm., and 35mm., sound; produced by Standard Brands, Inc.; 595 Madison Avenue, New York. Distributed by the Nutrition Programs Branch, War Food Administration, U. S. Department of Agriculture, Washington 25, D. C.

The story of events leading up to the National Research Council's recommendation of enriched flour and bread, and of the cooperation of industry in making enriched products available to the American people. Dramatic episodes show the work of Dr. R. R. Williams - first in the Philippines, where he worked with Capt. Vedder of the USPHS, then back home in the Bell Laboratories where he worked for 25 years before he finally isolated and synthesized Vitamin B1. Climax of the picture comes with President Roosevelt's call for a National Nutrition Conference.

THE PRECIOUS INGREDIENT. 2 reels, 16mm., sound. Produced in 1940 by Roland Reed Productions for the Westinghouse and Manufacturing Company, East Pittsburgh, Pennsylvania. This film uses an entertaining plot to tell the story of vitamins, the foods in which they are found, and how to preserve them in cooking. There is emphasis upon the value and use of electric ranges in the preparation of food.

PROOF OF THE PUDDING. 1 reel 16mm and 35 mm., sound in technicolor. Produced by the Industrial Division of Paramount Films in cooperation with the USPHS for the Metropolitan Life Insurance Company, 1 Madison Avenue, New York City. Scientific approach to modern diet; a film to encourage food planning in American homes. Shows the scientific testing of food values in nutrition laboratories, and the application of theory in preparation of diets for zoo animals. The results of scientific methods thus obtained are shown in application to human beings, and finally, practical methods of food planning at low cost through the use of a wide variety of foods available in the markets of the United States.

V-MEN. 2 reels, 16mm., sound. Produced by Roland Reed Productions, Inc., for the Visual Education Section, Westinghouse Electric and Manufacturing Company, 246 East Fourth Street, Mansfield, Ohio. Two points are stressed in this film: (1) the importance of vitamins in the diet; and (2) the preservation of vitamins in cooking vegetables. The first sequence introduces the importance of good nutrition for national health. Nutrition research is mentioned, and a biochemist talks on the function of the vitamins. A food research laboratory chosen by Westinghouse determines the effects of good and bad cooking methods on the retention of the vitamins in vegetables. Tests conducted show that a third of the vitamins is lost by "destructive" cooking, while "vitaminized" cooking saves more than 90% of them. The right methods of cooking vegetables are explained. An appeal for good cooking to preserve the Nation's health concludes the film.

VII. Vitamins (continued)

VIM, VIGOR, AND VITAMINS. 1 reel, 16mm., sound. Produced and distributed by Finer Films, 7936 Santa Monica Blvd., Los Angeles, California. Distributed also by Visual Education Service, 131 Clarendon Street, Boston, Massachusetts, and Bailey Film Service, 1651 Cosmo Street, Hollywood, California. The film deals with vitamins A, B1, B2, C, D, and E. Each vitamin is introduced by scenes illustrating its effectiveness and then an enumeration of its principal food sources is given. A Day's menu based on foods rich in vitamin follows. Scenes of the people engaged in various forms of exercise and sports conclude the film.

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VIII. REFERENCE LIST ON NUTRITIONAL DEFICIENCIES IN THE UNITED STATES

If not available in your local library, order from the source indicated and others through the Book Department, Science Services, 1719 N. St., N. W., Washington, 6, D. C.

1. Hidden Hunger in a Land of Plenty - A Manifold Problem. National Maternal and Child Health Council, 1710 Eye Street, N.W., Washington, D. C., 1941. 25¢.
2. Are We Well Fed? Miscellaneous Publication No. 430, Superintendent of Documents, Government Printing Office, Washington, 25, D. C. 15¢.
3. Food for a Stronger America, Survey Graphic, Reprints available from Survey Associates, Inc., 122 E. 19th Street, New York City. July 1941. 10¢.
4. The Body's Mysterious Chemicals, Readers Digest, p. 51, September 1941.
5. Food for Defense. Consumer's Guide, September 1940, Vol. 6, No. 20, Office of Marketing Services, War Food Administration, Washington, 25, D. C.
6. Inadequate Diets and Nutritional Deficiencies in the United States. National Research Council, 2101 Constitution Avenue, Washington, D.C., 1943.

POSTERS:

The Calcium You Need. Evaporated Milk Association, 307 N. Michigan Avenue, Chicago, Illinois. Free.

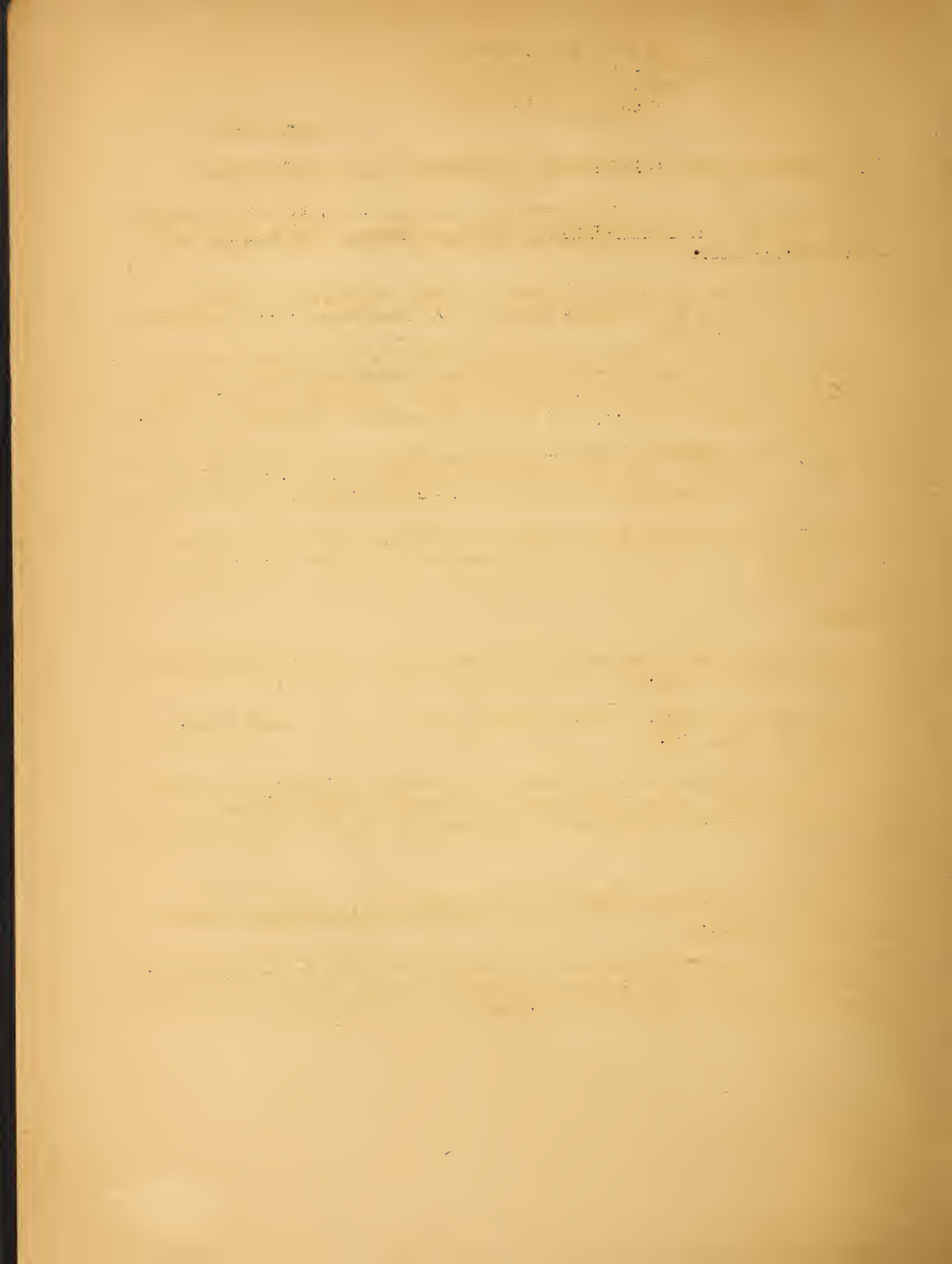
Calcium Equivalent Chart. National Dairy Council, 111 N. Canal Street, Chicago, Illinois. 25¢.

Get the Good From Your Food. A set of ten posters showing how to prepare fruit, vegetables, meats, fats, eggs, and poultry. Superintendent of Documents, Government Printing Office, Washington 25, D.C. 25¢ for set of 10.

MOVIE:

Available on loan from the Motion Picture Service, U. S. Dept. of Agr., Washington 25, D. C.

The Man Who Missed His Breakfast. (1 reel, 16 mm., and 35 mm., sound; black and white). Produced by Wilding Picture Productions, Inc., for the United States Department of Agriculture. Releases August 22, 1944.



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IX. REFERENCE LIST ON FOOD HABITS OF ALLIED NATIONS

Order Government publications from the sources indicated, and others through the Book Department, Science Services, 1719 N. St., N.W., Washington 6, D.C. Price, if any, is stated.

1. A Brief Review of Food and Nutrition in Five Countries. NFC-11, Office of Information, U. S. Department of Agriculture, Washington 25, D. C. Free
2. United Nations Conference on Food and Agriculture. Publication 1948 Conference Series 52, Superintendent of Documents, Government Printing Office, Washington 25, D. C. 20¢.
3. Some Central European Food Patterns and Their Relationship to Wartime Programs. Food Habits Committee, National Research Council, 2101 Constitution Avenue, Washington, D. C., February 1943.
4. Man's Food; Its Rhyme or Reason, Mark Graubard Macmillan Co., New York, 1943.
5. Dietary Habits of Man in Different Parts of the World. Chapter XXIV Newer Knowledge of Nutrition, McCullum, Orent-Keys, Day, Macmillan Company, New York, N.Y. 1939.
6. What's Cooking in Your Neighbor's Pot? Common Council for American Unity, 222 Fourth Avenue, New York, N.Y. 1944. 60¢.

